

AUGUST 2017

PROVISO EAST – PROVISSO WEST – P.M.S.A. STUDENT LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	ENTRÉE COST 1 ST - No Cost 2 ND LUNCH- \$2.40 DAILY MEAL INCLUDES VEGETABLE – FRUIT – WHOLE WHEAT BREAD – CHOICE OF MILK ADDITIONAL OPTIONS 2-3 DIFFERENT KINDS OF PIZZA CHEESE/HAMBURGERS CHICKEN SANDWICH BEVERAGE CHOICES 1% Milk, Skim White Milk and Fat Free Chocolate Prairie Farms Milk is Hormone Free Or 100% Fruit Juice – Fresh Fruit-Canned Fruit Daily Specials MTO-Made To Order Sandwiches Turkey – Ham – Tomato – Lettuce – Cheese – Olives - Jalapeno Peppers *SOMETHING* EXTRA GRAB & GO SALAD C-HAM TURKEY CHEF CHICKEN POP RANCH CHICKEN PATTY BUFFALO RANCH A LA CARTE Baked Fries \$1.25 Ice Cream (varies) Baked Chips \$1.00 Gummy Fruit \$.50 Gatorade \$1.25 Izzy Drinks \$1.50 Naked Juice \$2.25 Snapple \$1.25
01	02	03	04	05	
07	08	09	10	11	
14 HAMBURGERS-CHEESEBURGERS & HOT DOGS W/ CHIPS, COOKIES & FRUIT FRESHMAN TRANSITION DAY	15 HAMBURGERS-CHEESEBURGERS & HOT DOGS W/ CHIPS & PIZZA COOKIES & FRUIT FRESHMAN TRANSITION DAY	16	17	18 GENERAL TSO POPCORN CHIX. W/ BROCCOLI RICE FRESH CARROTS ROLL FRESH APPLE FRUIT JUICE *BBQ PORK* RIBLET SANDWICH	
21 CHICKEN FAJITA REFRIED BEANS FRESH BROCCOLI FRESH BANANA FRUIT JUICE *CHICKEN* TENDERS W/ ROLL	22 CHICKEN – BEAN-CHEESE BURRITO SANTE FE RICE RED PEPPER STRIPS APPLE JUICE FRESH BANANA *CHEESE & CHIPOTLE* PANINI	23 BROCCOLI CHEESE & BAKED POTATO ORANGE GLAZE CARROTS ROLL GRAPE JUICE FRESH APPLE *BBQ BURGER* W/ CHEESE	24 SAUSAGE & RED BEANS CILANTRO RICE SIDE SALAD DINNER ROLL ORANGE JUICE APPLESAUCE *MEATBALL* SUB	25 CHICKEN OR BEEF NACHOS FRENCH FRIES FRESH BABY CARROTS FRUIT JUICE *CHICKEN* CHEDDAR WRAP	
28 CHICKEN FAJITA REFRIED BEANS FRESH BROCCOLI FRESH APPLE MIX FRUIT JUICE *CHICKEN* TENDERS W/ ROLL	29 CHICKEN & BEAN-CHEESE BURRITO SANTA FE RICE GREEN BEANS FRESH BANANA APPLE JUICE *TURKEY* WRAP	30 BROCCOLI CHEESE & BAKED POTATO ORANGE GLAZE CARROTS ROLL FRESH APPLE GRAPE JUICE *BBQ BURGER* W/ CHEESE	31 BEEF-CHILI-CHEESE NACHOS BAKED BEANS CELERY STICKS FRESH BANANA ORANGE JUICE *TURKEY* WRAP		

WELCOME BACK TO 2017-2018 SCHOOL YEAR



We would like to hear from you as a Parent regarding the lunch program provided by Aramark for Proviso SD #209. Please call Mr. Joe Brown 708 202-3044 or e-mail him at brown-joseph4@aramark.com. Or visit us on INSTAGRAM: Aramark_Proviso209

FRESH BAKED COOKIES DAILY

Menus are subject to change without notice.



This institution is an equal opportunity provider.