

FEBRUARY 2018

PROVISO EAST – PROVISO WEST –
P.M.S.A.
STUDENT LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			01 TURKEY TACO SALSA-LETTUCE-TOMATOES-CHEESE-JALAPENO – SOUR CREAM SPICED RICE SIDE SALAD TURKEY REUBEN MELT	02 FISH STICKS FRENCH FRIES COLE SLAW BREADSTICK FRESH APPLE FRUIT JUICE SOUTHWEST TURKEY WRAP	ENTRÉE COST 1 ST - No Cost 2 ND Lunch - \$2.41 DAILY <u>MEAL INCLUDES</u> VEGETABLE- FRUIT -WHOLE WHEAT BREAD- PROTEIN- CHOICE OF MILK STATIONS GREEN STREET DELI MTO=Made to order Sandwich (EAST & PMSA) Fresh ready-made Sandwich (WEST) GRAB & GO SALADS RESTAURANT ROTATION Entrée Pasta & Hot Sandwiches CORNER CRUST 2-3 Kind of Pizza & Hot Sandwiches TORTILLA Tacos & Nachos <u>BEVERAGE CHOICES</u> 1% Milk, Skim White & Fat Free Chocolate Which is Hormone Free And 100% Fruit Juice <u>A LA CARTE</u> Baked Fries \$1.25 Ice Cream (varies) Baked Chips \$1.00 Gummy Fruit \$.50 Gatorade \$1.25 Izzy Drinks \$1.50 Naked Juice \$2.25 Snapple \$1.25 FRESH BAKED COOKIES DAILY
05 OVEN ROASTED CHICKEN MASHED POTATOES GREEN BEANS DINNER ROLL APPLESAUCE MIXED FRUIT JUICE SOUTHWEST TURKEY WRAP	06 SPAGHETTI W/ MEATBALLS COLE SLAW CELERY STICS BREADSTICK FRESH BANANA APPLE JUICE TURKEY REUBEN MELT SPICY THAI CHICKEN WRAP	07 BBQ ROASTED CHICKEN FRENCH FRIES SIDE SALAD DINNER ROLL FRESH BANANA ORANGE JUICE SOUTHWEST TURKEY WRAP	08 CHICKEN NACHO REFRIED BEANS CILANTRO RICE SALSA-LETTUCE-TOMATOES-CHEESE-SOUR CREAM TURKEY REUBEN MELT SPICY THAI CHICKEN WRAP	09 FISH STRIPS FRENCH FRIES BABY CARROTS DINNER ROLL APPLESAUCE GRAPE JUICE SOUTHWEST TURKEY WRAP	
12 BBQ ROASTED CHICKEN FRENCH FRIES SIDE SALAD DINNER ROLL FRESH APPLE ORANGE JUICE SOUTHWEST TURKEY WRAP	13 PENNE ROSA PASTA W/ CHICKEN BROCCOLI SIDE SALAD GARLIC BREADSTICK FRESH APPLE ORANGE JUICE TURKEY REUBEN MELT CHICKEN & HUMMUS SALAD	14 OVEN ROASTED CHICKEN MASHED POTATOES GLAZED CARROTS DINNER ROLL DICED PEACHES GRAPE JUICE SOUTHWEST TURKEY WRAP	15 CHILI MAC PEAS & CARROTS CELERY STRICKS BREADSTICK FRESH APPLE ORANGE JUICE TURKEY REUBEN MELT CHICKEN & HUMMUS SALAD	16 FISH STICKS FRENCH FRIES SIDE SALAD BREADSTICK FRESH BANANA ORANGE JUICE SOUTHWEST TURKEY WRAP	
19 PRESIDENTS DAY NO SCHOOL	20 SPAGHETTI W/ MEATBALLS GREEN BEANS SIDE SALAD BREADSTICK FRESH BANANA APPLE JUICE TURKEY REUBEN MELT	21 BBQ ROASTED CHICKEN FRENCH FRIES BABY CARROTS DINNER ROLL DICED PEACHES GRAPE JUICE SOUTHWEST TURKEY WRAP	22 TORTILLA BOWL BROCCOLI CELERY STICKS FRESH APPLE ORANGE JUICE TURKEY REUBEN MELT	23 FISH STRIPS FRENCH FRIES COLE SLAW DINNER ROLL SLICED PEARS FRUIT JUICE SOUTHWEST TURKEY WRAP	
26 OVEN ROASTED CHICKEN BUTTERED NOODLES GREEN BEANS DINNER ROLL APPLESAUCE MIXED FRUIT JUICE SOUTHWEST TURKEY WRAP	27 PENNE ROSA PASTA W/ CHICKEN BROCCOLI SIDE SALAD GARLIC BREADSTICK FRESH BANANA ORANGE JUICE TURKEY REUBEN MELT	28 BBQ ROASTED CHICKEN BABY CARROTS CILANTRO RICE DINNER ROLL SLICED PEACHES FRESH APPLE FRUIT JUICE SOUTHWEST TURKEY WRAP			

BACON CHEESEBURGER
FEBRUARY 2, 5, 7, 9



We would like to hear from you as a Parent regarding the lunch program provided by Aramark for Proviso SD #209. Please call Mr. Joe Brown 708 202-3044 or E-mail him at brown-joseph4@aramark.com.
Or visit us on INSTAGRAM: Aramark_Proviso209
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FUEL
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