



**MAY 2017**

**PROVISO EAST – PROVISO WEST- P.M.S.A  
STUDENT**

**Breakfast Menu**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>01 FRENCH TOAST W/ SYRUP</b>  CEREAL BANANA MUFFIN STRING CHEESE YOGURT GRAPE JUICE FRESH BANANA	<b>02 APPLE BOSCO STICKS</b>  CEREAL CINN. RAISIN BAGEL STRING CHEESE YOGURT FRESH APPLE FRUIT JUICE	<b>03 MINI PANCAKES W/ SYRUP</b>  CEREAL GLAZED DONUT GRITS YOGURT FRESH BANANA ORANGE JUICE	<b>04 TONY BREAKFAST PIZZA</b>  CEREAL ENGLISH MUFFIN STRING CHEESE YOGURT FRESH APPLE GRAPE JUICE	<b>05 CHEESE SAUSAGE QUESADILLA</b>  CEREAL APPLE CINN. MUFFIN STRING CHEESE FRESH BANANA ORANGE JUICE	<b>MORE INFO...</b> <u><b>BREAKFAST</b></u> SERVED DAILY 7:00 AM – 8:00AM  <b>BREAKFAST PRICE</b> 1 <sup>ST</sup> – NO COST 2 <sup>ND</sup> LUNCH \$2.46 <b>BREAKFAST INCLUDES</b> Choice of Fruit + 2 FULL servings of other components. We serve Lender's Bagels, Aunt Jemima Whole Grain Pancakes, French Toast Sticks & Waffles Dannon Yogurts, Otis Spunkmeyer, Reduced Fat & Whole Grain Muffins. Reduced Sugar Cereals, only Whole Grain & Enriched White Breads. Plus, Yogurt Parfait. Fresh Fruit or Canned Fruit which is packed in Juice or Water with no Sugar added. Prairie Farms Hormone Free Milk We only serve 1% white milk, skim milk or fat free chocolate milk. <b>OR</b> <b>GRAB &amp; GO BREAKFAST</b> & <b>ALA CART ITEMS SOLD AT COST</b>				
<b>08 CHEESE- SAUSAGE FRITTATA</b>  CEREAL CINNAMON RAISIN BAGEL STRING CHEESE GRAPE JUICE FRESH BANANA	<b>09 CORN DOG</b>  CEREAL GRITS TOAST YOGURT FRUIT JUICE FRESH ORANGE	<b>10 MINI PANCAKES W/ SYRUP</b>  CEREAL BLUEBERRY MUFFIN STRING CHEESE YOGURT ORANGE JUICE FRESH APPLE	<b>11 EGG-CHEESE BEAN ENCHILADA</b>  CEREAL ORANGE GLAZED ROLL HASH BROWNS STRING CHEESE APPLE JUICE FRESH BANANA	<b>12 FRENCH TOAST STICKS W/ SYRUP</b>  CEREAL CHOCOLATE MUFFIN YOGURT STRING CHEESE GRAPE JUICE FRESH ORANGE					
<b>15 EGG-CHEESE SAUSAGE SLIDER</b>  CEREAL STRING CHEESE YOGURT BLUEBERRY MUFFIN GRAPE JUICE FRESH APPLE	<b>16 APPLE BOSCO STICKS</b>  CEREAL BLUEBERRY MUFFIN YOGURT STRING CHEESE FRUIT JUICE FRESH BANANA	<b>17 MINI PANCAKES W/ SYRUP</b>  CEREAL ENGLISH MUFFIN YOGURT STRING CHEESE ORANGE JUICE FRESH APPLE	<b>18 SAUSAGE &amp; CHEESE MELT</b>  CEREAL HASH BROWNS BANANA MUFFIN APPLE JUICE FRESH BANANA	<b>19 FRENCH TOAST W/ SYRUP</b>  CEREAL APPLE CINN. MUFFIN YOGURT STRING CHEESE GRAPE JUICE FRESH APPLE					
<b>22 TONY BREAKFAST PIZZA</b>  CEREAL BLUEBERRY MUFFIN STRING CHEESE YOGURT GRAPE JUICE FRESH ORANGE	<b>23 EGG-CHEESE HAM TACO</b>  CEREAL TOAST STRING CHEESE FRUIT JUICE FRESH BANANA	<b>24 MINI PANCAKES W/ SYRUP</b>  CEREAL ENGLISH MUFFIN YOGURT STRING CHEESE ORANGE JUICE FRESH APPLE	<b>25 SCRAMBLED EGG-CHEESE SAUSAGE</b>  CEREAL BANANA MUFFIN GRITS GRAPE JUICE FRESH BANANA	<b>26 FRENCH TOAST STICKS W/ SYRUP</b>  CEREAL ENGLISH MUFFIN YOGURT STRING CHEESE FRESH ORANGE APPLE JUICE					
<b>29</b>  <b>MEMORIAL DAY HOLIDAY NO SCHOOL</b>	<b>30</b>  <b>GRAB AND GO BREAKFAST ONLY</b>	<b>31</b>  <b>GRAB AND GO BREAKFAST ONLY</b>  <b>LAST DAY of SCHOOL</b>	<b>SUMMER BREAK BEGINS</b>						

**ENJOY YOUR SUMMER  
STAY SAFE**



**ARAMARK** IS your food service provider for the Proviso High School District. If you have any questions, please feel free to contact: RHOAN RUDDOCK at 708-202-3044 or ruddock-rhoan@aramark.com. And check us out at Instagram Aramark\_Proviso209

Menus are subject to change without notice.

