

SEPTEMBER 2017

PROVISO EAST – PROVISO WEST – P.M.S.A.
STUDENT
BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				01 SAUSAGE-EGG-CHEESE SCRAMBLE CEREAL BAGEL STRING CHEESE FRESH BANANA APPLE JUICE	ENTRÉE SERVED & COST SERVED DAILY 7:15 AM – 7:50 AM 1st – NO COST 2nd - \$1.55 MEAL INCLUDE Choice of Fruit + 2 FULL servings of other components. Lender's Bagels, Aunt Jemima Whole Grain Pancakes, French Toast Sticks, Waffles, Dannon Yogurts, Otis Spunk Meyer, Reduced Fat & Whole Grain Muffins, Reduced Sugar Cereals, Whole Grain & Enriched White Bread, PLUS, Yogurt Parfait Fresh Fruit or Canned Fruit (packed in juice or water with no added sugar) Prairie Farms Hormone Free Milk. We serve 1% white milk, skim milk or fat free chocolate milk. OR GRAB & GO BREAKFAST
04 LABOR DAY HOLIDAY NO SCHOOL	05 TURKEY PANCAKE WRAP CEREAL BLUEBERRY MUFFIN STRING CHEESE FRESH APPLE FRUIT JUICE	06 EGG-CHEDDAR C-HAM FLATBREAD SANDWICH CEREAL TATER TOTS STRING CHEESE YOGURT FRESH BANANA GRAPE JUICE	07 BOSCO APPLE STICK CEREAL CHOCOLATE MUFFIN GRITS STRING CHEESE CHERRY STAR JUICE FRESH APPLE	08 TONY'S BREAKFAST PIZZA CEREAL BLUEBERRY MUFFIN YOGURT STRING CHEESE APPLE JUICE FRESH ORANGE	
11 PANCAKES W/ SYRUP CEREAL YOGURT STRING CHEESE FRESH ORANGE GRAPE JUICE	12 EGG-CHEESE SAUSAGE SCRAMBLE CEREAL BAGEL STRING CHEESE FRESH APPLE MIX FRUIT JUICE	13 WAFFLE W/ SYRUP CEREAL BLUEBERRY MUFFIN BACON FRESH APPLE ORANGE JUICE	14 CHICKEN PATTY BISCUIT CEREAL CHOCOLATE MUFFIN RAISINS FRESH BANANA CHERRY STAR JUICE	15 TONY'S BREAKFAST PIZZA CEREAL BAGEL TATER TOTS FRESH ORANGE APPLE JUICE	
18 SCRAMBLED EGGS W/ SAUSAGE CEREAL GRITS YOGURT TATER TOTS BAGEL FRESH APPLE GRAPE JUICE	19 WAFFLE W/ SYRUP CEREAL STRING CHEESE YOGURT FRESH ORANGE MIX FRUIT JUICE	20 EGGS-CHEESE C-HAM SANDWICH CEREAL GRITS BLUEBERRY MUFFIN FRESH BANANA ORANGE JUICE	21 CHICKEN PATTY BISCUIT CEREAL YOGURT STRING CHEESE RAISIN OR APPLE CHERRY STAR JUICE	22 TONY'S BREAKFAST PIZZA CEREAL STRING CHEESE BAGEL BANANA APPLE JUICE	
25 WAFFLE W/ SYRUP CEREAL CHOCOLATE MUFFIN YOGURT STRING CHEESE FRESH ORANGE GRAPE JUICE	26 TURKEY PANCAKE WRAP CEREAL BLUEBERRY MUFFIN STRING CHEESE FRESH APPLE FRUIT JUICE	27 EGG-CHEDDAR C-HAM FLATBREAD SANDWICH CEREAL GRITS STRING CHEESE YOGURT FRESH BANANA GRAPE JUICE	28 BOSCO APPLE STICKS CEREAL CHOCOLATE MUFFIN TATER TOTS STRING CHEESE CHERRY STAR JUICE FRESH APPLE	29 TONY'S BREAKFAST PIZZA CEREAL BLUEBERRY MUFFIN GRITS FRESH APPLE APPLE JUICE	



ARAMARK IS YOUR FOOD SERVICE PROVIDER FOR THE Proviso High School District. If you have any questions, please feel free to contact: Mr. Joe Brown at 708-202-3044 or brown-joseph4@aramark.com. And check us out at Instagram [Aramark_Proviso209](#).

This institution is an equal opportunity provider.

Menus are subject to change without notice.

